

2021-2022

TAM NUTRITION CHARITABLE TRUST, BOTSWANA



TAM NUTRITION CHARITABLE TRUST

Lemme ga le bolage

Theya Mzizi

**TAM NUTRITION CHARITABLE TRUST
ACCOUNTS AND ANNUAL REPORT, TRUST**

NO.TUHGB-000128-19

2021-2022

TAM NUTRITION CHARITABLE TRUST ACCOUNTS AND ANNUAL REPORT 2021-2022

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Who we are

Tam Nutrition Charitable Trust is a Bonafide, legally registered community project initiative in the Botswana high court in Gaborone. Registration Number: TUHGB-000235-18. Date of registration: 25th November 2020. Address: P O Box 219, Gabane, Botswana, Africa. TAM Nutrition Charitable Trust is the national charity with a mandate to eradicate malnutrition in our communities of Botswana. We assist, advocate and campaign for people with or at high risk of malnutrition; create projects initiative to reach out to those in need. Through our services, we support people out of Food poverty and nutritional deficiencies for good. We render this through nutrition education awareness and provision of healthy eating food hampers. We carry out pioneering research into the causes and a robust Nutrition need assessment; as well as the negative outcomes of malnutrition enabling us to campaign, raise awareness and implement project initiatives to enhance nutrition among our beneficiaries.

TAM Nutrition Charity Founder Statement

TAM Nutrition Charity Founder Statement

- Dip.General
Nursing,BW
- BSC. Health
Nutrition
and
wellbeing,UK
- MSC. Public
Health
Nutrition,UK



THEYA A. MZIZI

Charitable Report Situation

TAM Nutrition Charitable trust is a dynamic local community initiative set up to address certain key issues, identified as touching the heart of community development in the country of Botswana in Africa. The Botswana and Africa in general charitable giving market updates report finds consumers' attitudes towards contributing to charitable causes, the impact of the cost of living crisis on charitable giving and future innovations to help engage potential donors. This report covers the Botswana charity market forecast, size ; and segmentation and industry trends for the charity market in Botswana, Southern Africa.

The Existing Market Backdrop in Botswana

Most of the charities in Botswana have faced a challenging couple of years due to the Covid 19 pandemic with disruptions to service delivery, fundraising and volunteering. The charitable market is currently dealing with challenges from rapidly escalating inflation and the overwhelming humanitarian and financial impact of the European; Russia - Ukraine conflict. These challenges are subsequently increasing in cost of living worldwide and rising financial anxieties amongst consumers. Whilst cash use is diminishing across consumer spending, it continues important and relevant for donations to charities in Botswana and worldwide. Cash has been the most common method of donation across all age groups, and it is also a popular method of choice when consumers are questioned about how they would most prefer to donate in the future.

The High inflation means that the philanthropy market is facing higher operational costs. All while still recovering from the disruption and financial losses from the pandemic, the charity market size is anticipated to shrink as many charities will, unfortunately, battle to stay afloat including TAM Nutrition Charitable Trust, BW. On the other hand, the effects of rising living costs mean those with lower income will need to prioritise and hold back from donating, widening the already existing gap between those able and unable to donate to charity.

I would like to humbly thank the team in Botswana and Liverpool for all their hard work and commitment to our vision. The Board of Trustees has again given strong support and wise

guidance to the Charity and we are fortunate to be able to draw on their wide-ranging skills and experience.

Our team

MEMBERS	MEMBERSHIP ROLE
Theya Mzizi	Trustee, Founder, Liverpool, UK
Tshepiso Bagwasi	Trustee, fundraiser, Gaborone
Atang Ntwayagae	Trustee, Bank signatory, Moshupa
Onkabetse Mogampane	Volunteer, Gabane
Leungo Mokete	Volunteer, Trust Secretary, Gaborone
Kabelo Koti	Volunteer, Gabane
Willie Mantu	Volunteer, Gabane
Lorato Moshashane	Volunteer, Gaborone
Sadi Koti Babusi	Volunteer, Gabane
Thuo Gabankhalele	Volunteer, Chester, UK
Lesego Nyukulane	Volunteer, Peterborough, UK
Obakeng Koti	Volunteer, Gabane
Thando Mzizi	Volunteer, Moshupa
Tefho Bimbo	Volunteer, Thamaga
Keba Polao	Volunteer, Thamaga
Thero Gaadingwe	Gatekeeper, Thamaga
Sebe Koti	Gatekeeper, Gabane
Oarabile Mzizi	Gatekeeper, Moshupa
Goitseone Thebeetsile	Volunteer, Gabane

Our Vision, Goals and Plan Strategy

Our Vision

- ❖ To mobilise a robust team of Trustees and effective volunteers with commitment to drive the services of the project to the identified service users including the elderly, orphans and disabled persons in the villages of Botswana.
- ❖ To encourage, develop and empower the vulnerable to become aware of their nutritional needs and benefits; and thus overcome hunger, poor food intake, enabling the improvements in their health, wellbeing and welfare overall.

Objectives



1. To get the volunteers to go into the communities to identify the beneficiaries.
2. To identify needs of the potential beneficiaries (food/food nutritional supplements/other/individual analysis).
3. The Trust to arrange storage facility for preserve donated foods or purchased food before onward distribution to the beneficiaries.
4. The trust to ensure thorough operational management to ensure accountability, transparency and record-keeping and operations monitoring and control.

Strategic Plan

Quarterly meetings per year

ANNUAL GENERAL MEETINGS (AGM)

TAM NUTRITION CHARITABLE TRUST has set up periodical quarterly meetings per year to monitor and control projects effectiveness. Reports are completed and shared during the set Meetings.



Face to face



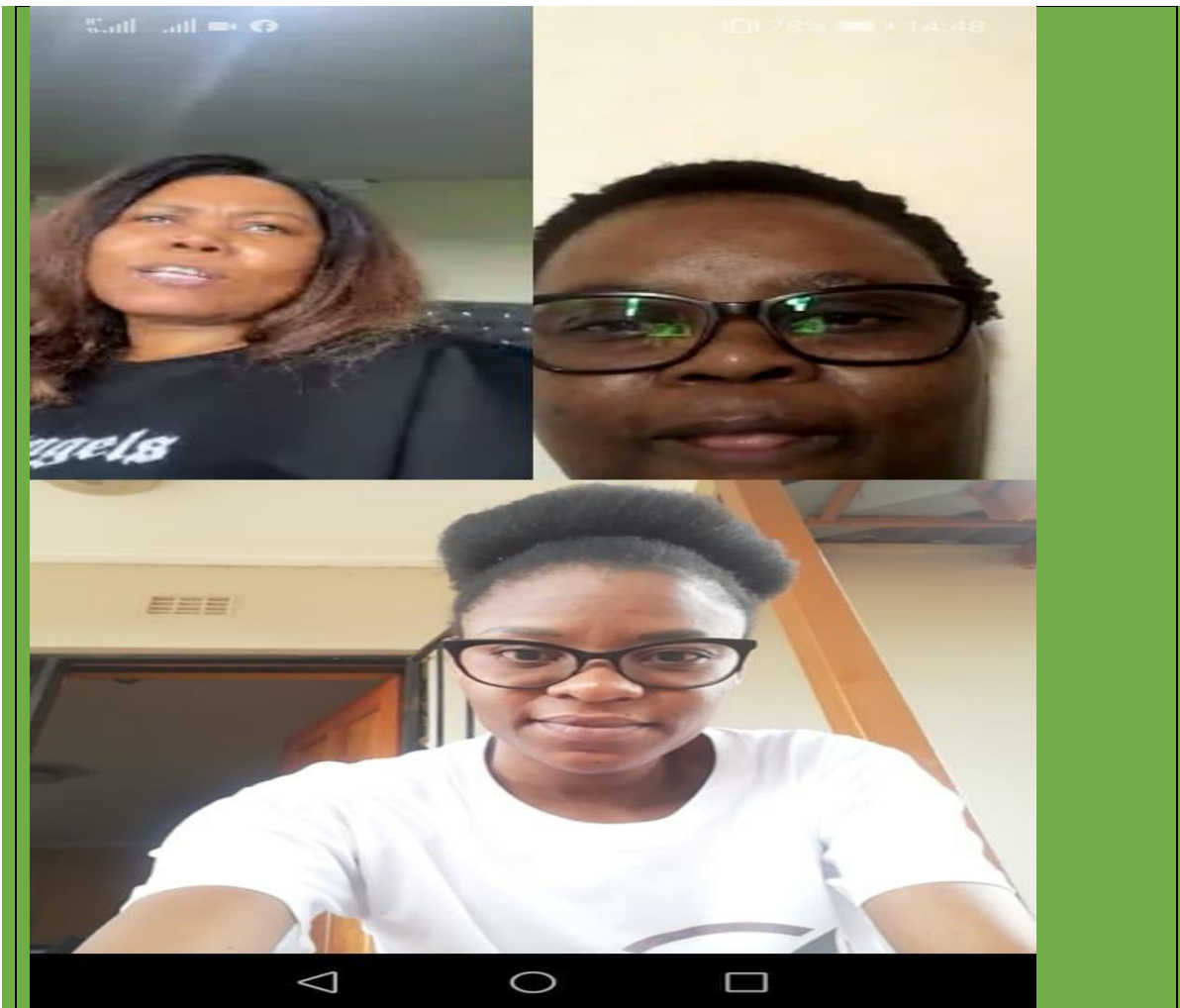


Face to face





face to face



WhatsApp video call

TRUSTEE face to face MEETING



Meeting Minutes and Agendas

Meeting Minutes and Agendas

16:17 4G

[←](#) Tshepiso on 28/04/2022, 02:28 [All Media](#)

Work Today 03:26

TAM NUTRITION CHARITABLE TRUST

28th April 2022

AGENDA

- Welcome Remarks- [Theya](#)
- Call to order
- Approve the minutes of the last meeting- [Tshepiso](#)
- Executive director's report- [Theya](#)
- Finance committee report- [Atang](#)
- Volunteers committee report
- Fundraising committee report- [Tshepiso](#)
- Unfinished business- [Theya](#)
- New business- [Atang](#)
- Volunteers Division
- Open-ended discussion (Questions)
- Adjournment

15:58 4G

[←](#) Back tam nutrition trustee meeting -End of y...

TAM NUTRITION CHARITABLE TRUST
Lenne ga le belaye

Contacts
+267 71828874
+44 774 8558479

tamnutrition8@gmail.com

TAM NUTRITION CHARITABLE TRUST

Our name is **TAM NUTRITION CHARITABLE TRUST; TRUST No. TUHGB-000128-19**; a newly established organization within the community registered under Botswana High Court in Gaborone. Our main aim is to identify, locate and select the disadvantaged, elderlies and disabled people and families in the villages of Botswana, so as to offer nutritional food and nutritional food supplement to ameliorate their poor hunger situation and poor diet. This is with the view to improve their health and wellbeing. A new lease of life as it were.

Trustee Meeting Minutes of the End of the year

Details of meeting: Opening prayer, Welcoming the new members and thanking all for the success of Gabane village and Moshupa food distribution, Fundraising activities, setting up the next meeting and closing remarks.

Date: 03/12/2022.....**Time:** 2 pm.....**Location:** Plot 39567, Block 6, Gaborone,

Attendees	Capacity (Trustee/volunteer)	Attendance method
Tshepiso Bagwasi	Trustee	Face to face
Theya Mzizi	Trustee	WhatsApp Videocall
Lesego Nyukulani	Volunteer	WhatsApp Videocall
Willie Mantu	Volunteer	Face to face
Leungo Mokete	Trust Secretary	Face to face
Goitseone	Volunteer	Face to face
Poni Koti	Volunteer	Face to face
Kabelo Koti	Volunteer	Face to face

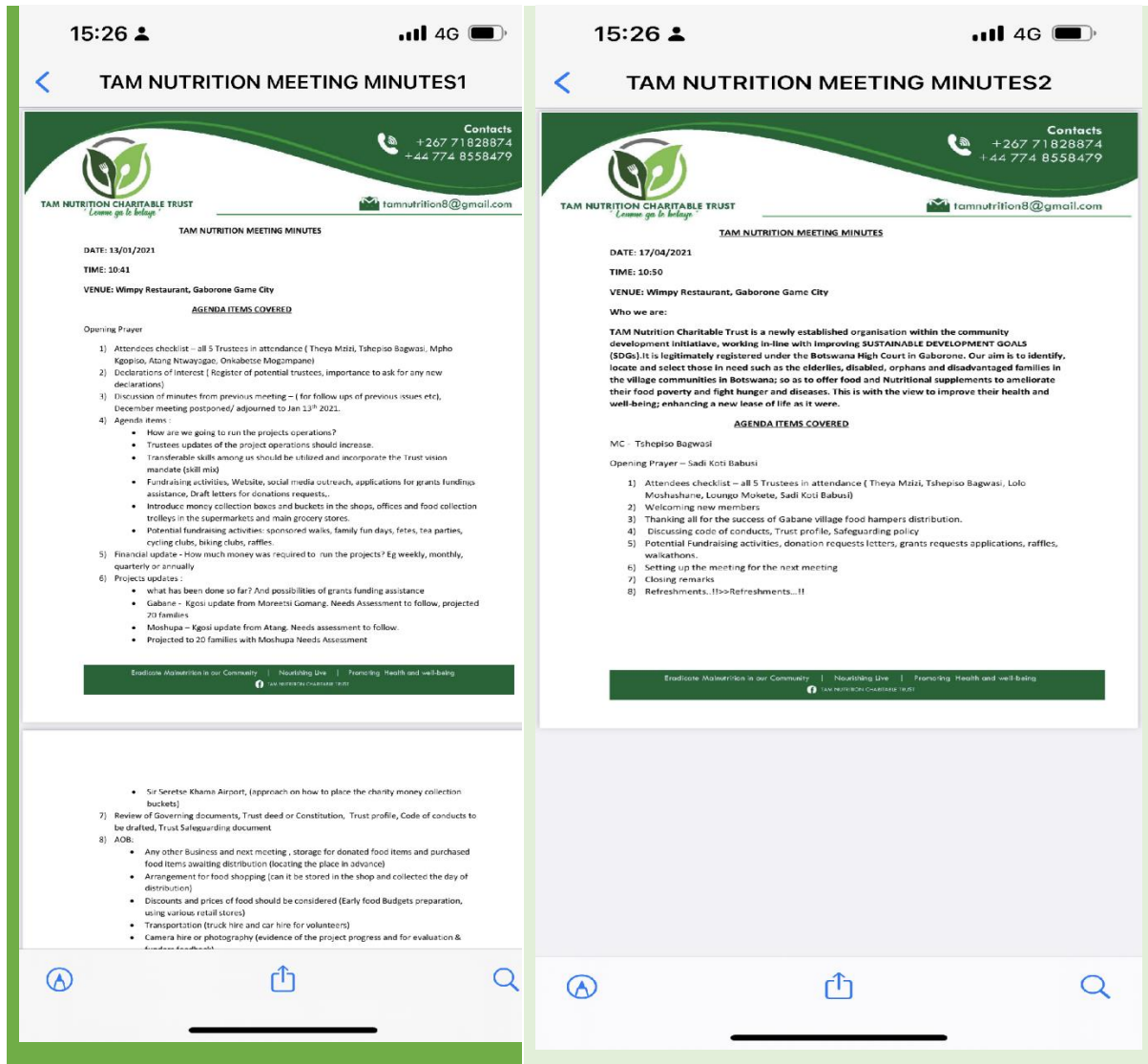
Opening Prayer: 210 pm.....[Theya Mzizi](#).

Record of discussion and decisions

Welcome remarks and Thanking all for the success of Gabane/Moshupa village food distribution and Thamaga Social Group Launch event/food distribution: 215 pm.....[Tshepiso Bagwasi](#)

Ongoing activities:.....230pm.....[Theya Mzizi](#)

- End of year Performance and achievement
- End of year Accounts report.
- Advertising and Marketing the organisation



Core Values

TAM Nutrition Charitable Trust team is guided and motivated by the following principles and core values in order to render the services effectively with diligence.

Respect

Tam Nutrition Charitable Trust is sensitive to offer respect and human dignity to all beneficiaries; each individual is treated with uttermost care.



Advocacy

The charity wherever necessary, will protect the interest of the beneficiaries and act on their behalf with all legal ramifications to protect their best interest; adhering a set safeguarding policy.

Integrity

Tam Nutrition Trust will act at all times; whether it be the Staff or Board members and beneficiaries with all professional diligence; maintaining integrity and reliability of the organisation; adhering to the set code of conducts.

Accountability

Tam Nutrition Trust will act with integrity to maintain accountability of its actions at all times and all costs. to act with professional capability to emphasise transparency and justification of all expenses of operations management.

Stewardship

To act in such a professional manner to represent all its core values, nutritional betterment of the beneficiaries and maintain sustainability in the chosen communities.

Village food hampers and distribution day budgets are prepared in advance for the smooth running of the activities.

Malnutrition and Covid19 pandemic

Malnutrition remains a serious health problem among all ages, especially older adults during this era of Covid-19 pandemic. The prevalence of malnutrition is observed to be significantly greater in patients admitted to hospital settings, ranging from approximately 23- 60% depending on the assessment technique used and the severity of disease condition. The more intensive the care, the more probable a patient may become malnourished . The authors state that Malnutrition is highly known to have a major effect on the immunity of the people

affected, causing in diminished immunological responses and an intensified risk of infection and disease severity . It has been observed in various disease scenarios that the body composition, specifically low lean mass, and high adiposity, has constantly been associated with a poor prognosis and negative interventions outcomes (Silverio *et al.* 2020 & Agarwal *et al.* 2013)

Acute COVID-19 illness has been attributed to lead to nutritional decline for many reasons. People with COVID-19 infection often report symptoms and portray signs that can start to decrease nutritional dietary intake such as loss of taste and smell, nausea, vomiting, abdominal pains and upset stomach (Rando *et al.* 2020 & Deer *et al.* 2021). COVID-19 illness is linked to severe inflammatory response; which increases nutritional needs, in some cases to more than double the calorific requirements defined by predictive equations (Burslem *et al.* 2019). According to Wischmeyer P.E (2017) the severity of the Covid 19 condition is raised by the need to increase the nutritional intake at all times in order to promote positive recovery rate.

The hypermetabolic state and malnutrition could be counteracted by the consumption of adequate nutritional intake; however, this could be challenging if the patients are experiencing poor appetite due to respiratory issues and loss of taste. Some study findings have revealed that adequate distribution of intake of proteins may support the synthesis of muscles proteins in recovery; and this is essential in patients who are at high risk of muscle catabolism caused by malnutrition and poor physical activity (Symons *et al.* 2009 and Gwin *et al.* 2020). On the other hand, some patients with acute chronic illnesses may require the use of respiratory ventilators which may inhibit oral nutritional intake; therefore they may need the enteral nutritional intake to maintain the adequate dietary intake. Consequently, also the patients prescribed the enteral nutritional intake may fail to attain adequate nutritional intake due to various factors such as; late prescription of the supplementary feeds, disturbance of the feeds flow rate due to ordered daily procedures and feeds allergies or intolerances (Burslem *et al.* 2019). An appropriate diet is extremely important for the normal function of the immune system and to aid in recovery after an acute illness such as COVID-19

infection. Shortage of various minerals and Protein energy malnutrition are linked to high risk of low immunity and recovery rate from Covid 19 (Silverio 2020). Home based care patients suffering from Mild Covid 19 are also stated to be at high risk of low nutrition attributed to excessive lethargy, breathlessness and loss of appetite (Rando *et al.* and Di Filippo *et al.* 2021). Additionally, Covid 19 symptoms and lack of physical activity is linked to loss of Lean Mass.

TAM NUTRITION CHARITABLE TRUST FUNDRAISING PLAN ISSUES

TAM NUTRITION CHARITABLE TRUST FUNDRAISER

TSHEPISO ONE BAGWASI, Dip. Primary School Education, BW



The modern fundraising environment is fluid, dynamic and embracing change at a greater pace than ever seen before. Each new innovation is setting the bar higher for digital expectations in the sector.

The demand for events, activities and fundraising opportunities is in direct competition with unavoidable local, regional and international challenges. Every charity including our TAM

NUTRITION CHARITABLE TRUST is feeling the pinch, struggling to balance the cost between driving demand and delivering successful experiences.

At TAM NUTRITION CHARITABLE TRUST we believe that there are so many ways we can fundraise for people affected by malnutrition and food poverty - no idea is too big or too small. We are always looking for some inspiration, here are a few popular ideas; Fun days, Charity BBQ days, Karaoke and Bingo Nights, Dance Galas, Walkathons, Walking and Cycling challenge, Car wash days etc. However, most of these mentioned above fundraising activities have been planned by our members and failed to materialise to funding challenges secondary to COVID19 pandemic. Therefore, we believe that the next financial year of 2023 the charity funding assistance would improve and we could have a better Fundraising Planner.

PERFORMANCE AND ACHIEVEMENTS

At TAM Nutrition Charitable Trust we continue to work with all of those involved in giving psycho-social support to strengthen their capacity to cope with challenging and stressful economic and food poverty circumstances caused by Covid19 pandemic. This has been achieved by facilitating affirming activities for children guardians, caregiver views and perceptions and through liaising with teachers, nurses and community leaders in approaches that influence social and emotional wellbeing, known as Psychosocial support or approach.

WHAT IS PSYCHOSOCIAL APPROACH?

Psychosocial support is a continuum of care and support which influences both the individual and the social environment in which people live. It addresses the social, emotional and psychological wellbeing of a person and strengthens their capacity to deal with stressful events or crises. It may be preventive and involve care and support offered by caregivers, family members, friends, neighbours, teachers, health workers, Social Services, Councillors and community Chiefs, members at various intervals during the year. It is characterised by ongoing respectful, nurturing relationships that communicate understanding, unconditional love, CARING and Social inclusion.

HOW WE HELPED

This financial year commencing from 25th November 2021 to date, we managed to provide 43 families from three villages of Gabane, Thamaga and Moshupa respectively with food hampers, food provisions of a well-balanced diet meal.

GABANE AND MOSHUPA VILLAGES FOOD HAMPERS DISTRIBUTION ACTIVATIONS



SHOPPING AT FOURS CASH AND CARRY,
GABORONE



MOSHUPA



GABANE



MOSHUPA



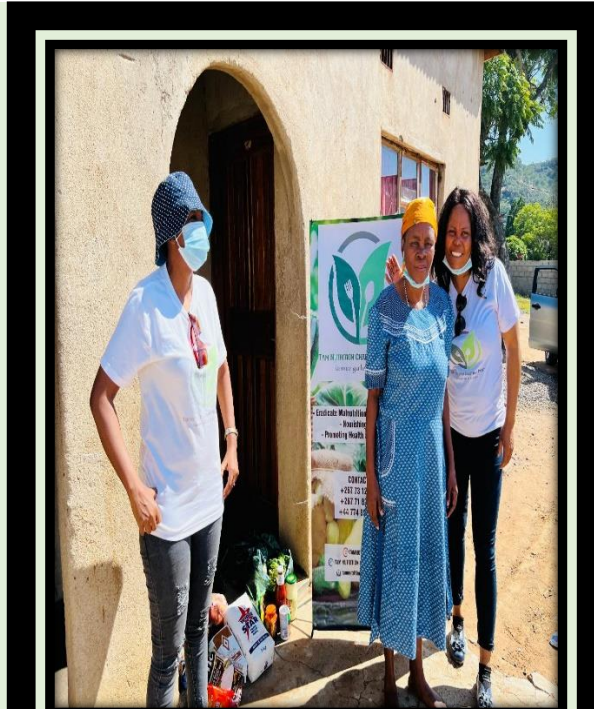
MOSHUPA



GABANE



MOSHUPA



GABANE



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GABANE



GABANE



THAMAGA



GABANE

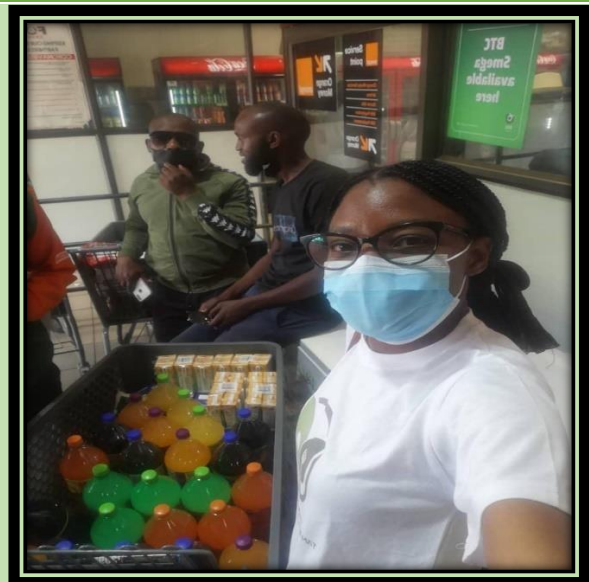
THAMAGA SOCIAL GROUP EVENT AT THE CUSTOMARY COURT

As TAM Nutrition Charitable Trust we also initiated a nutritional Enhancing activity in Thamaga village. The activity involved creating a Social group for vulnerable children. We obtained the relevant permissions from the village leadership and Kweneng District Council. The Chief, Councillor, Social worker, Member of Parliament and church leader; were all briefed and invited to the event. We nominated 2 (two) of our volunteers who reside in Thamaga as they understand the cultural practices of the village to liaise with the village leaders. The above mentioned volunteers were Mr Thero Gaadingwe and Mr Tefho Bimbo. The intentions of the social group event in Thamaga were as follows:

We identified a need to engage in various activities with some vulnerable children aged 6-14 years in the village of Thamaga. It was upon us that if we identify malnutrition issues among our beneficiaries, we will work in Partnership with Mr Moseja Dibotelo of Mint Dietetics Consultancy, Gaborone, 71875457. Our main aims for this initiative was to enhance Mental, physical and spiritual wellbeing among our beneficiaries in Thamaga village as well as to minimise Social Isolation and malnutrition. Our Objectives were as follows:

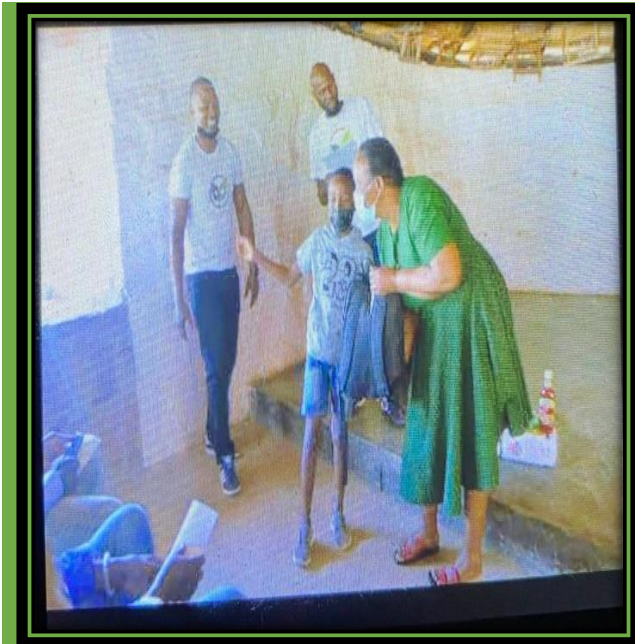
- ❖ To implement a Love and Mercy Nutrition social group for the orphans to meet and interact with the team as scheduled at their convenience.
- ❖ To share mini food hampers and gifts with them during activation days as well as Festive seasons, Easters, Birthdays; to enhance their quality of life
- ❖ To Involve the children in various recreational sports activities such as Swimming lessons, social football, volleyball, darts, pool games to enhance their physical activities.
- ❖ To Share with the children the Word of God and materials to enhance their spiritual and emotional wellbeing.

Our team of Volunteers abided by the set Codes of Conduct and safeguarding policy while interacting with the children beneficiaries to minimize harm and neglect, during the event preparations until the day of the event. The event was a success and now looking forward to continue to love, care and support these children with diligence as much as we can.











FINANCIAL ASSISTANCE REQUESTS SO FAR

ORGANISATIONS REQUESTED	LOCATION	RESPONSE
Japanese Embassy	Botswana	Awaiting response
Chinese Embassy	Botswana	Awaiting response
Lucara Diamond Corp.	Botswana	Awaiting response
Alfayed Charitable foundation	United Kingdom	Unable to help
Global Fund for Woman	United Kingdom	Unable to help
Lions Club International Foundation	United States of America	To liase with the local LCIF in Botswana
Kitchen Table Charities Trust	United Kingdom	Unable to help
Allan & Nesta Ferguson Charitable Trust	United Kingdom	Awaiting response
Office of the Member of Parliament, Thamaga	Botswana	Unable to help
Kweneng Council, Mogoditshane	Botswana	Unable to help
David and Elaine Potter Foundation	United kingdom	Unable to help
Orange Botswana	Botswana	Awaiting response
Botswana Telecommunication Corporation	Botswana	Awaiting response
BOCRA	Botswana	Awaiting response
USA Embassy	Botswana	Awaiting response
British Council	Botswana	Awaiting response
Liverpool Footbal Club Foundation	United Kingdom	Awaiting response
McArthur Foundation	United States of America	Awaiting response

Bread and Water for Africa	United Kingdom	Awaiting response
Sentebale Foundation	United Kingdom	Awaiting response
Lipman and Miliband foundation	United Kingdom	To be reviewed September
The Hilden Charitable fund	United Kingdom	Awaiting response
Bridge Trust, Ltd	United Kingdom	Awaiting response
Thuo Gabankhalele	United Kingdom	£250.00
Thero Gaadingwe	Botswana	P3000.00

FINANCIAL REVIEW

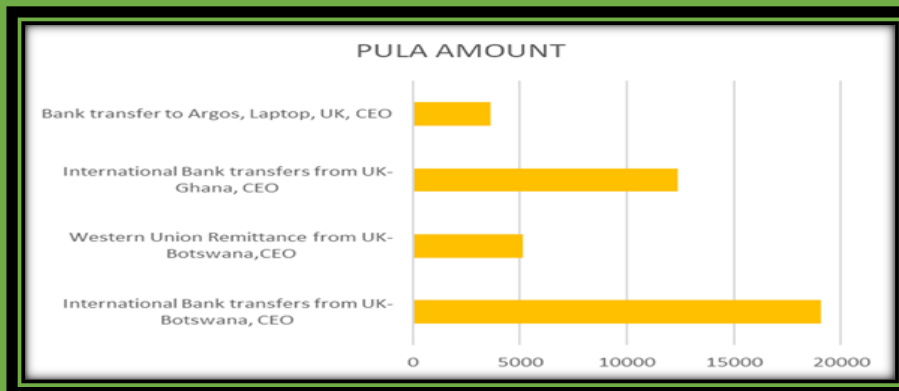


Before December 2020, when the likely impact of Covid-19 first became clear, 2019-20 was looking like another very successful year for the Charity sector worldwide in financial terms. It was not easy for a newly registered charity to thrive the pandemic era under various public health restrictions and regulations. Although overall we still delivered well over the 2020 to date , our fundraising efforts are highly affected due to declined funding from various local and international donors. Our potential income from legacies and fundraising remains seriously affected this financial year. Throughout the year we worked hard to generate income and to grow our voluntary income in particular, in order to support our charitable activities and in line with the priorities outlined in our Strategy plan. Focusing ahead, we believe the public sector funding environment is now expected to remain an issue for the

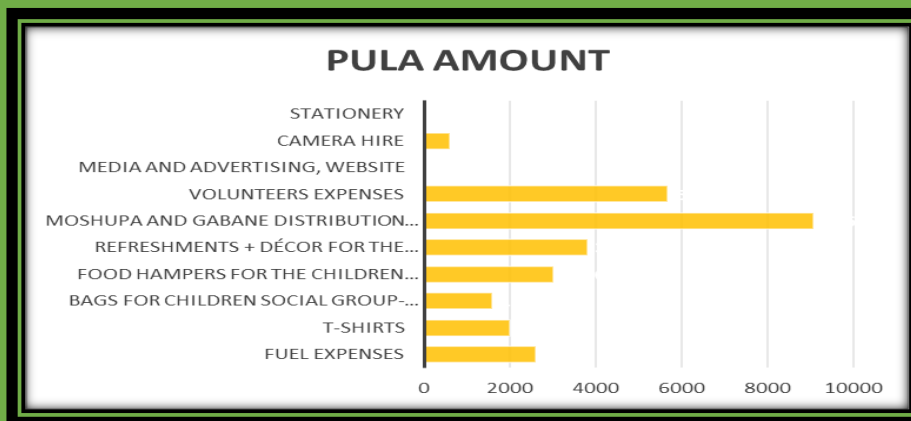
foreseeable future, and there is significant uncertainty in the economic outlook, which is likely to affect our fundraising. Much of this will depend on the trajectory of the pandemic and the shape of the economic recovery. However, TAM Nutrition Charitable Trust will monitor the environment closely and will re-double its efforts to use resources available in the most effective way possible for the benefit our beneficiaries; as well as apply for more grants funds and utilising Social Media platforms to be able to sustain its vision.

Graphical presentation of the TAM CHARITABLE TRUST income and expenditure

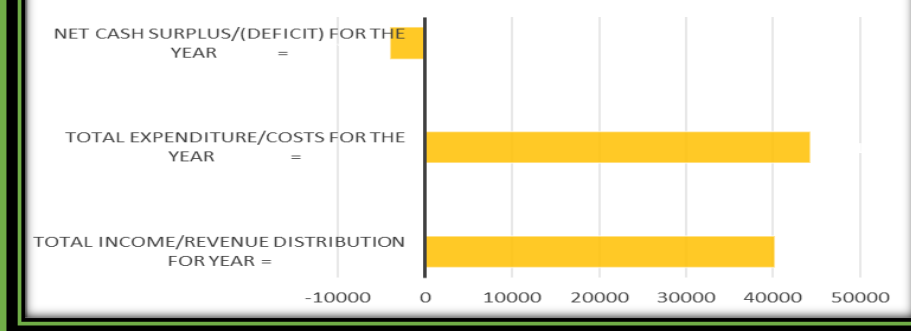
TAM NUTRITION CHARITY INCOME DESCRIPTION 2021-2022



TAM NUTRITION CHARITY EXPENSES DESCRIPTION 2021-2022



Performance Summary. 2021 - 2022.



THE FUTURE PLAN

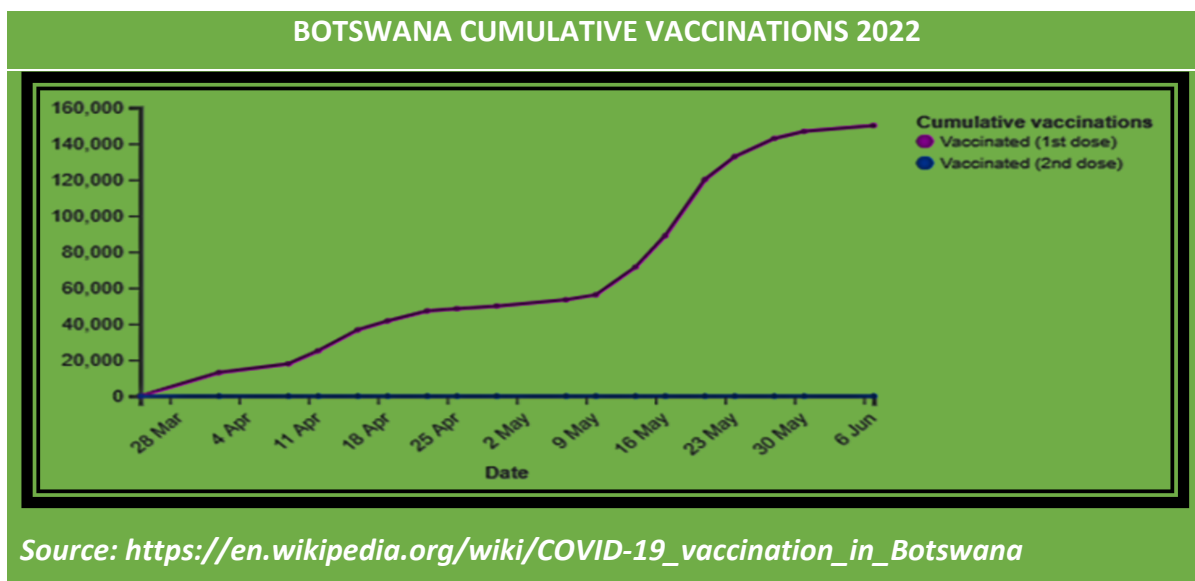
In the final section of this report, it is important to lay out the plans of our organisation, and the factors that we see as either obstacles and/or opportunities for development, growth and sustainability.

The impact of the recent Covid-19 outbreak and its financial effect has meant that the Founder and Trustees have been regularly reviewing financial plans for the period of November 2021 to 2022; and even beyond up to the Year 2023. The objective is to ensure that TAM Nutrition Charitable Trust will be able to continue its Business and Management Operations; to survive, develop, grow and expand its activities. It will also ensure practical approaches within its contingency plan to achieve sustainability.

A. Difficulties OR Challenges of the Present times.

The Government's decisions on travel and food supply chains regulations are somewhat ad-hoc and very unpredictable. Due to their irregular patterns, they have unfortunately impacted upon the operational activities of TAM Nutrition Charitable Trust. This uncertainty affects our financial standing because, we as a fully-fledged charity are unable to raise finance and Grants monies through fundraising. The unpredictable Covid19 government decisions and regulations prohibits us from careful and strategic planning to secure funding and has led to skyrocketing of food prices. Additionally, the Europe (Russia-Ukraine) war has worsened the charitable donations and giving leading to the reduction in the food basket and increasing the food desert, fuel prices, inflation.

In addition, sadly, the Botswana Covid19 vaccination programme is still lagging behind the expected outcomes so as to be effective. April 2022:By the end of the month more than 1.9 million persons had been fully vaccinated, exceeding the targeted population. However, the first vaccination was taken well as per the reports and the second dose and booster dose were not.



Shortage of medical supplies remain an issue causing both negative physical and nutritional health outcomes among Batswana in general. As you know that Health is wealth, this hinders our outdoor gathering fundraising activities negatively. The trustees in effect, are practically unable to do extensive work in fundraising. They have instead settled upon; through no fault of their own, limited

fundraising schemes mostly in the social media online platforms. However, we are not relenting in our efforts and resolve to find meaningful and workable solutions to sustain our Charitable Trust. Where there is a will, there is a way out to ameliorate the challenges and difficulties. We are liaising with professional advisers, independent companies who are offering moral support and opportunities for solutions to help us continue with our operations, development and growth. This is both in Botswana, United Kingdom and in Europe; as well as in Africa. As a general rule of learning practical steps from various projects with similar experiences.

B. Developing Practical Meaningful Solutions to tackle the Difficulties & Challenges.

Taking the gamble to run a community project such as ours, demands careful critical assessment before taking the plunge to start. Whether, one is running a non-profitable organisation or a profitable one, it is often very important and wise to take a critical analysis.

Prepare a Contingency Plan for “Fall-Back Measures” and “Bale-Out Points” = should things not go according to plans anticipated. Tenacity, determination and the resolve to succeed are the key elements for solutions to combat difficulties and challenges. We have “Inspiration-to-Action” (Our Vision); the “Know-How” (training and expertise, motivation etc.) and “Activity Knowledge” (experience) to overcome any obstacle in a timely fashion. The Founder, is well grounded in academic and practical studies and work experiences to have identified the need for gradual and strategic action to have set up the organisation. She has worked tirelessly to inspire and attract the formidable team of young men and women; who have worked with her on the field to set up, register the charitable trust, and eventually start the project. Everyone involved is resolved to achieving a lasting positive outcome for the organisation and all those involved. Therefore, there is drive, motivation, determination and enthusiasm to persevere and achieve success. Activity Knowledge is the undoubted training experience and resilience, through repetition practice and application will always deliver good and excellent results over time. We as a team, hold regular management meetings and briefings in person and over social media to identify, recognise and select most appropriate solutions to overcome any obstacles as they may arise. We monitor cash flow as a vital resource, deploy problem-solving methods to check and gauge our operations. Explore every possible avenue to seek advice from experts in the United Kingdom., Europe and in Africa. We are relentless in seeking grant funding both internationally as well as nationally in Botswana. We can undoubtedly perceive that the odds are in our favour. Our project is set out for a good cause in the communities and the society at large. We are confident of realistic positive outcomes to sustain our project program. We are feeding the poor, the disadvantaged, those suffering from malnutrition,

health underlying diseases due to lack of proper nutrition (both old and young people, families etc.). There is bound to be some moral support to achieve our desired positive outcomes and development.

C. Understanding Cash flow, Finance, Funding, and Sources of Grant Funding.

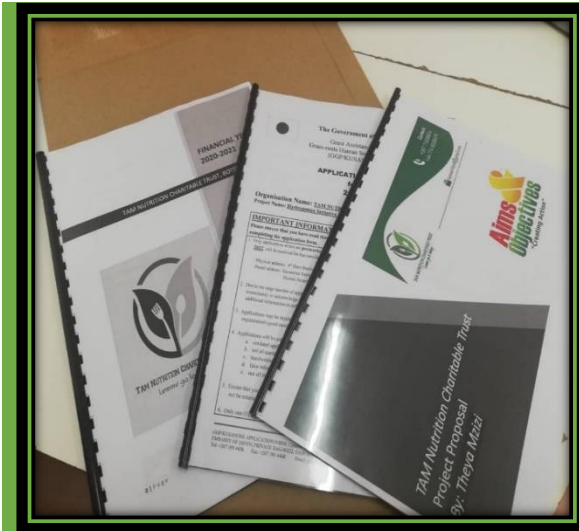
There are three (3) key ingredients for any community project or business endeavour to become successful. Namely, these are: 1. Money; 2. People; and 3. Resources. In our quest for efficiency, effectiveness and ultimate success, we have sought careful sound management principles and practical methods which constantly bring desired results to

achieve and sustain these three key elements. We have the backing and support of professionals who are shaping our vigour and project applications; ensuring that, we are seeking out help in all these areas. Income levels must be achieved to cover all aspects of operations. Our Income & Receipts sources in our final year end accounts and cash flow forecasts must ensure that income must be over and above Expenditure & Costs streams. To this end from our operations calculations, we are agreed that Expenditure/Costs must not exceed 40% to 55% of the relevant Income & Receipts sources for relevant periods or each year. Therefore, resulting in a Net Cash flow Surplus of not Deficits & Losses) around 60% or 45% of the minimum margin. This will ensure surpluses to plough back into the operations of the charity so as to ensure working capital liquidity; at all times. Cash flow is the life blood of any operations, and we will ensure with all certainty that we remain fluid at all times. Our experiences so far in grant funding applications to raise much needed finance for our organisation has been truly an eye opener. It has been truly frustrating; however we are determined to make it work. Grants funding sources are vital and crucial to ensure sustainability. Cash flow is the difference between success and failure. Therefore operations monitoring and control are of the essential essence to secure success and sustainability.

D. Sustainability.

Tam Nutrition Charitable Trust, Botswana is a carefully designed and structured community organisation. Therefore, we must pursue Grant Funding sources with all vigour, resolve and determination. We are resolved to survive, grow and progress the organisation with the three key elements for success identified in this section of the report. In the coming years of operations, we must secure an Office Space and a Warehouse Storage facility for housing our

food deliveries especially. As well as have a solid base to function and operate from. Now we can envisage that the road is surely forward, building in a dynamic way, achieving grant funding and all other much needed resources to propel ourselves to the next level of engagement. That is, in achieving success, sustainability, development, progress and growth in a timely fashion. We envisage a very wide and successful future through the dint of hard work effort and strategic management. One of the key expansion plans we have in sight (to match and augment our operations); will be the development of a farm land for HYDROPONICS OPERATIONS. In such an endeavour, it will be possible to plant and harvest our own produce and vegetables and ensure all nutrition values in our supplies to further our goals and objectives. Talks and planning searches are currently ongoing. The envisaged new project Hydroponics Agriculture will amount to substantial savings and investment in serving the selected villages with our own home grown foods with nutritional values articulated to fight malnutrition, disease, hunger, poverty and deprivation. We sent completed the finance grant assistance application under the Japanese Embassy in Botswana to seek for funds to complete the Hydroponics community garden for our charity. Unfortunately our application was unsuccessful.



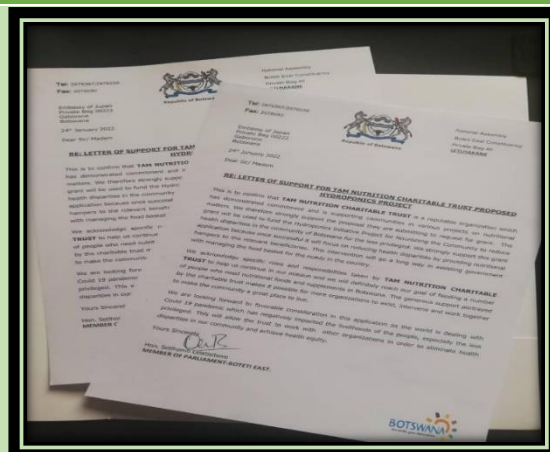
JAPANESE EMBASSY GRANT APPLICATION FORM AND PROJECT PROPOSAL



VOLUNTEERS SUBMITTING THE APPLICATION FORMS



SUPPORTING LETTER FROM MINT DIETETIC CONSULTANCY, GABORONE



HONOURABLE LELATISITWE SETLHOMO'S (MOH) SUPPORTING LETTER

Finally, I want to seize this opportunity to express my profound and abundant “Thank You All”, to the Team Members at Tam Nutrition Charitable Trust, Botswana and beyond. We are truly very grateful and appreciate all the input and contributions by everyone. These go for everyone indeed: the Founder, Trustees, Volunteers and many more. Everyone will be

duly rewarded. Together, we can make significant differences in a positive way to the target communities

and society at large. Therefore, we must press on ahead to achieve our goals, objectives and aspirations. To contribute to building a just and tolerant society in the country of Botswana.

With Love and Care

Mrs Theya A. Mzizi

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